



*Sandy's*  
**BLUE HILL**  
*Café*

*Homemade Bagels, Doughnuts, and Popovers; Breakfast, Lunch, Frozen Prepared Meals, House-Roasted Coffee, Coffee Beans and Espresso, Craft Cocktails, Maine Beers and Select Wines*

*40 Main Street in Blue Hill, Maine*

*Tel: 207.374.5550; [www.sandysbluehillcafe.com](http://www.sandysbluehillcafe.com)*



## Sandy's Breakfast

(Available Until 11:30 am)

### For Breakfast

❖ <b>Homemade Bagel or Bagel Sandwich</b> (Usual varieties: Plain, Poppy, Sesame, Salt, Onion, Everything. Entirely hand-crafted in-house. Made fresh daily.)	
- With or Without Butter	\$ 3
- With Whipped Cream Cheese "Schmear"	\$ 5
- With Whipped Scallion Cream Cheese "Schmear"	\$ 5
- With Whipped Cream Cheese and Smoked Salmon	\$ 9
- With Fried Eggs, Bacon or Sausage, and Cheese	\$ 9
- With Chicken, Cranberry, and Walnut Salad	\$ 9
- Add Capers, Sliced Tomatoes, or Diced Onions (each)	\$ 0.75
❖ <b>Homemade, Old Fashioned Doughnuts.</b> Hot and made to order; Powdered, Cinnamon Sugar or Plain	\$ 2.50
❖ <b>Homemade Popover.</b> Hot from the oven and served with Strawberry Jam and Butter	\$ 3.00
❖ <b>Fried or Scrambled Eggs (2) with Bacon or Sausage, Toast and Home Fries*</b>	\$ 12
❖ <b>Fried or Scrambled Eggs (2) with Homemade Hash, Toast and Home Fries*</b>	\$ 14
❖ <b>Build-Your-Own 3-Egg Omelet</b> with Toast and Home Fries (Add \$2 for Egg Whites)*:	\$ 12
- Cheese: Cheddar Jack, Swiss or Feta	
- Add Bacon or Sausage (\$ 2.00)	
- Add Veggies (\$ 0.50 each): Tomatoes, Mushrooms, Red Onions, Peppers, Spinach, Jalapenos, Kalamata Olives	
❖ <b>Breakfast Burrito:</b> Stuffed with Scrambled Eggs, Bacon, Sausage, Sautéed Onions and Peppers, and Cheddar Cheese. Served with Home Fries or Fresh Mixed Berries*	\$ 13
❖ <b>Toasted Avocado Flatbread:</b> Toasted Flatbread Topped with Guacamole, Cherry Tomatoes, Cheddar Jack Cheese and Balsamic Drizzle (Add 2 Fried or Scrambled Eggs for \$3*)	\$ 11
❖ <b>Ultimate Avocado Flatbread:</b> Toasted Avocado Flatbread above plus diced red onions, bacon and sausage (Add 2 Fried or Scrambled Eggs for \$3*)	\$ 14
❖ <b>Pancakes</b> with Maple Syrup. Available Plain, with Blueberries (\$2), Raspberries (\$2) or Chocolate Chips (\$1)	\$ 10
❖ <b>French Toast</b> with Maple Syrup and Powdered Sugar	\$ 11
❖ <b>Blueberry Stuffed French Toast</b> with Maple Butter Cream Cheese, Blueberries, Fresh Lemon Curd and Maple Syrup	\$ 13
❖ <b>Mixed-Berry Stuffed French Toast Casserole</b> with Bacon or Sausage, Maple Syrup and Fresh Berries	\$ 14
❖ <b>Monte Cristo</b> (French-Toasted Ham and Provolone Cheese Sandwich with Maple Syrup and Home Fries)	\$ 12
❖ <b>Fried Egg Sandwich:</b> 2 fried eggs with bacon or sausage, and cheddar cheese on a Kaiser Roll	\$ 8
❖ <b>Steel Cut Irish Oatmeal</b> with Blueberries (Maple syrup and brown sugar on the side; Extra Maple Syrup \$1)	\$ 10
❖ <b>Stuffed Croissants</b> (Blueberry and Cream Cheese; Spinach and Feta Cheese; Others)	\$ 4.50
❖ <b>Homemade Muffins, Plain Croissants</b> (\$2.50 to \$3.50)	Var.
<b>Juices and Sides</b>	
❖ <b>Juices – 12 oz Orange (\$3), 6 oz Tomato (\$2)</b>	\$2 - \$3
❖ <b>Bottled 12 oz Juices: Apple, Cranberry Juice Cocktail</b>	\$ 3
❖ <b>Side of 2 fried or scrambled eggs</b>	\$ 5
❖ <b>Sides of Bacon or Breakfast Link Sausage</b>	\$ 3
❖ <b>Side of Home Fries</b>	\$ 3
❖ <b>Fresh Mixed Berries</b>	\$ 3
❖ <b>Toast Side: White, Rye, Wheat; English Muffin, Croissant (Add \$1), Homemade Bagel (Add \$1), Homemade Sourdough (Add \$1), Gluten-Free (Add \$2)</b>	\$ 2
<b>Breakfast Cocktails (Also see full beer, wine and cocktail menu)</b>	
❖ <b>Champagne Mimosa, Champagne Bellini (with Peach Juice), Pina Colada Mimosa, Bloody Mary</b>	\$ 8-10

\* Consumer Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.



<b>HOUSE-ROASTED ESPRESSO DRINKS AND HAND-CRAFTED TEAS AND BEVERAGES **</b>	Tall	Grande	Magnum	Iced Magnum
<b>ESPRESSO</b> Sandy's house-roasted espresso blend (3, 4 or 6 oz. shots)	\$2.25	\$2.50	\$2.75	\$2.75
<b>CAPPUCCINO</b> Espresso with foamed dairy fresh cream & milk	\$3.50	\$4.00	\$4.50	\$4.50
<b>LATTE</b> Espresso with steamed & foamed milk	\$3.25	\$3.75	\$4.25	\$4.25
<b>SKINNY LATTE</b> A latte with skim milk	\$3.25	\$3.75	\$4.25	\$4.25
<b>WHY BOTHER?</b> A skinny latte with decaf espresso	\$3.25	\$3.75	\$4.25	\$4.25
<b>CAFE AU LAIT</b> Sandy's special light, medium or dark roast coffee with steamed milk	\$2.40	\$2.80	\$3.00	\$3.00
<b>MOCHA</b> Cappuccino with chocolate syrup	\$3.80	\$4.30	\$4.80	\$4.80
<b>CAFE AMERICANO</b> Made from Sandy's espresso with added hot water	\$2.50	\$3.00	\$3.50	\$3.50
<b>ROASTER FRESH COFFEE</b> Sandy's select light, medium or dark roast coffee, craft-roasted in-house	\$1.80	\$2.25	\$2.80	\$2.80
<b>MONTANA</b> Our Roaster Fresh Coffee with a shot of house-roasted espresso	\$2.40	\$2.80	\$3.30	\$3.30
<b>STEAMER &amp; HOT CHOCOLATE</b> Steamed half & half with chocolate or flavored syrup	\$2.75	\$3.00	\$3.25	\$3.25
<b>MICRO BREWED TEA</b> Imported exotic black, green and herbal teas	\$1.90	\$2.20	\$2.50	\$2.50
<b>CHAI TEA LATTE</b> An ancient Asian spiced tea drink served hot or iced	\$3.50	\$4.00	\$4.50	\$4.50
<b>SMOOTHIE</b> Classic and organic fruit and vegetable blend smoothies				\$4.75
<b>CLASSIC OR ORGANIC SPARKLING SODA</b> House-crafted sodas made with organic crushed fruit or classic flavors				\$2.60
<b>CREAM SODA</b> Dairy fresh cream & milk, sparkling water & flavors				\$3.35
<b>SANDY'S FRESH FRAPPÉ</b> Vanilla ice cream with Sandy's special blend of house-roasted espresso & flavorings				\$4.75