

TAKE ME HOME

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Curbside Takeout Menu

Order and pay securely online from our Facebook page (@sandysbluehillcafe) or our website. Or, call us at 374-5550. Pick up inside or at our Mill Street parking lot. Please note: A 6% service charge is added to all takeout orders to defray the costs of packaging and utensils.



Homemade Bagels, Doughnuts, Popovers and Bread; Breakfast, Lunch, Frozen Prepared Meals, House-Roasted Coffee, Coffee Beans and Espresso

40 Main Street in Blue Hill, Maine. Tel: 207.374.5550; www.sandysbluehillcafe.com



Sandy's Breakfast

(Available Until 11:30 am)

Fresh-Baked Items

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|---|--------------------|
| ❖ Handmade Bagels or Bagel Sandwiches (Usual varieties: Plain, Poppy, Sesame, Salt, Onion, Everything. Entirely hand-crafted in-house from scratch). Add-ons:
- Butter (\$0.50)
- Plain Whipped Cream Cheese (\$2.25)
- Scallion Whipped Cream Cheese (\$2.50)
- Smoked Salmon (\$7)
- Chicken, Cranberry, and Walnut Salad (\$7)
- Fried Eggs, Bacon and Cheese (\$7)
- Sliced Avocado (\$2.50)
- Veggies (\$0.75 ea.): Kalamata Olives, Peppers, Onions, Tomato, Jalapenos, Mushrooms, Spinach, Capers | \$ 3.50 |
| ❖ Homemade, Old Fashioned Doughnuts. Hot and made to order; Powdered, Cinnamon Sugar or Plain | \$ 2.50 |
| ❖ Homemade Popover. Hot from the oven and served with Strawberry Jam and Butter | \$ 3.50 |
| ❖ Plain and Stuffed Croissants (Usual Varieties: Plain, Blueberry and Cream Cheese; Spinach and Feta Cheese) | \$ 4.50 |
| ❖ Fresh Muffins (Usual Varieties: Morning Glory, Blueberry, Cranberry Nut, Coffee Cake) | \$ 3.50 |
| ❖ Homemade, Naturally Leavened Bread Options for Toast or Sandwiches: Traditional Sourdough, Cranberry-Walnut Sourdough, Olive and Rosemary Sourdough | \$ 1.90
(Add'l) |

Savory Breakfast Items

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| ❖ Fried or Scrambled Eggs (2) with Bacon or Sausage or Ham, Toast and Home Fries* | \$13.50 |
| ❖ Fried or Scrambled Eggs (2) with Corned Beef Hash, Toast and Home Fries* | \$15.50 |
| ❖ Build-Your-Own 3-Egg Omelet with Toast and Home Fries (Add \$2 for Egg Whites)*:
- Cheese: Cheddar Jack, Swiss or Feta
- Add Bacon or Sausage or Ham (\$ 2.50 ea.)
- Add Veggies (\$ 0.75 each): Tomatoes, Mushrooms, Red Onions, Peppers, Spinach, Jalapenos, Kalamata Olives | \$13.50 |
| ❖ Breakfast Burrito: Stuffed with Scrambled Eggs, Bacon, Sausage, Sauteed Onions and Peppers, and Cheddar Cheese. Served with Home Fries or Fresh Mixed Berries*. Add sides of Sour Cream, Salsa (\$1 ea.); or Mashed Avocado (\$ 2 ea.) | \$14.50 |
| ❖ Toasted Avocado Flatbread: Toasted Flatbread Topped with Mashed Avocado, Tomatoes, Cheddar Jack Cheese and Balsamic Drizzle (Add 2 Fried or Scrambled Eggs for \$3*) | \$12.00 |
| ❖ Ultimate Avocado Flatbread: Toasted Avocado Flatbread above plus diced red onions, bacon and sausage (Add 2 Fried or Scrambled Eggs for \$4*) | \$15.50 |
| ❖ Fried Egg Sandwich: 2 fried eggs with bacon, sausage or ham, and cheddar cheese on a Kaiser Roll* (Add Sliced Avocado (\$2.50); Add Veggies (\$0.75 ea.) | \$9.00 |
| ❖ Steel Cut Irish Oatmeal with Blueberries (Maple syrup and brown sugar on the side; Extra Maple Syrup \$1) | \$11.00 |

* Consumer Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.



Sandy's Breakfast
(Available Until 11:30 am)

On the Sweeter Side

❖ Pancakes with Maple Syrup. Available Plain or with Fresh Blueberries (\$3.00) or Chocolate Chips (\$2) and Powdered Sugar.	\$ 11.00
❖ French Toast with Maple Syrup and Powdered Sugar	\$ 12.00
❖ Blueberry Stuffed French Toast with Maple Butter Cream Cheese, Fresh Blueberries, Lemon Curd and Maple Syrup	\$ 15.00
❖ Mixed-Berry Stuffed French Toast Casserole with Bacon, Sausage or Ham, Maple Syrup and Fresh Berries	\$ 16.00
❖ Monte Cristo - Egg-Batter-Soaked Bread Grilled with Ham and Provolone Cheese. Served with Maple Syrup and Home Fries.	\$ 14.00

Juices and Sides

❖ Juices – 12 oz Orange, 12 oz Tomato	\$ 3.00
❖ Bottled Juices: Apple, Cranberry Juice Cocktail	\$ 3.00
❖ Side of 2 fried or scrambled eggs	\$ 5.00
❖ Sides of Bacon or Breakfast Link Sausage	\$ 3.50
❖ Side of Home Fries	\$ 3.50
❖ Fresh Mixed Berries	\$ 4.00
❖ Toast Side: White, Rye, Wheat; English Muffin, Croissant (Add \$1.50), Homemade Bagel (Add \$2.50), Homemade, Naturally-Leavened Breads (Add \$1.90), Gluten-Free (Add \$2)	\$ 2.00

Selected Breakfast Cocktails (In addition to full beer, wine and cocktail menu)

❖ Champagne Mimosa (Champagne and Orange Juice)	\$ 8.00
❖ Champagne Bellini (Champagne and Peach Juice)	\$ 9.00
❖ Pina Colada Mimosa (Coconut Rum, Champagne and Pineapple Juice)	\$ 10.00
❖ Bloody Mary (Tomato Juice, Lemon Juice, Horseradish, Worcestershire Sauce, Hot Sauce, Salt and Pepper, and Vodka; Garnished with Olive, Tomato, Pepperoncini, Celery and Lemon)	\$ 11.00

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Lunch Menu

Available after 11:30 am

Homemade Bagels, Doughnuts, Popovers and Breakfast Items Available for Lunch

<ul style="list-style-type: none"> ❖ Handmade Bagels or Bagel Sandwiches (Usual varieties: Plain, Poppy, Sesame, Salt, Onion, Everything. Entirely hand-crafted in-house from scratch.) Add-ons: <ul style="list-style-type: none"> - Butter (\$.50) - Plain Whipped Cream Cheese (\$2.25) - Scallion Whipped Cream Cheese (\$2.50) - Smoked Salmon (\$7.00) - Chicken, Cranberry, and Walnut Salad (\$7.00) - Fried Eggs, Bacon and Cheese (\$7.00) - Sliced Avocado (\$2.50) - Veggies (\$0.75 ea.): Kalamata Olives, Peppers, Onions, Tomato, Jalapenos, Mushrooms, Spinach, Capers ❖ Homemade Old-Fashioned Doughnut. Hot and made to order; Powdered, Cinnamon Sugar or Plain ❖ Homemade Popover. Hot from the oven and served with Strawberry Jam and Butter ❖ Fried or Scrambled Eggs (2) with Bacon or Sausage, Toast and Home Fries* ❖ Fried or Scrambled Eggs (2) with Corned Beef Hash, Toast and Home Fries* ❖ Breakfast Burrito. Stuffed with Scrambled Eggs, Bacon, Sausage, Sauteed Onions and Peppers, and Cheddar Cheese. Served with Home Fries or Fresh Mixed Berries. * Add sides of Mashed Avocado (\$2), Sour Cream or Salsa (\$1 ea.) ❖ Fried Egg Sandwich: 2 fried eggs with bacon or sausage or ham, and cheddar cheese on a Kaiser Roll ❖ Assorted Muffins / Croissants: Usual Muffin Varieties: Morning Glory, Blueberry, Coffee Cake, Cranberry Nut; Usual Croissant Varieties: Plain, Blueberry and Cream Cheese; Chocolate; Spinach and Feta ❖ Breakfast Sides: Home Fries (\$3.50), Corned Beef Hash (\$4.50), Bacon (\$3.50), Sausage Links (\$3.50), Fresh Mixed Berries (\$4.00) 	<p>\$3.50</p> <p>\$2.50</p> <p>\$3.50</p> <p>\$13.50</p> <p>\$15.50</p> <p>\$14.50</p> <p>\$9.00</p> <p>\$3.50-</p> <p>\$4.50</p> <p>\$3.50 -</p> <p>\$4.50</p>
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Soups (Served with Toasted French Baguette or Homemade Sourdough (\$1.90))

<ul style="list-style-type: none"> ❖ Tomato Basil ❖ Squash and Apple ❖ New England Clam Chowder 	<p>\$9.00</p> <p>\$9.00</p> <p>\$12.00</p>
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Salad Entrees / Appetizers

<ul style="list-style-type: none"> ❖ Chef's Salad (GF) – Romaine Lettuce, Hard Boiled Egg, Bacon, Grilled Chicken, Diced Red Onions, Cherry Tomatoes, Cucumber and Cheddar Cheese. Choose from Available Dressings Below. ❖ Caesar Salad with Parmesan Cheese, Croutons and House Caesar Dressing ❖ Mixed Greens Salad – Mixed Lettuces with Cherry Tomatoes, Red Onions, Cucumber, Carrots, Croutons and Choice of Dressing ❖ Sandy's House Salad – Mixed Greens with Candied Nuts, Raspberries, Blueberries, Avocado, Carrots, Red Onion, Feta Cheese and Choice of Dressing ❖ Add Grilled Chicken or Fried Tofu to Any Salad ❖ Available Dressings: Balsamic Vinaigrette, Ranch, Thousand Island, Caesar, Blue Cheese ❖ Boneless Buffalo Chicken Wings with Ranch Dressing 	<p>\$15.50</p> <p>\$11.00</p> <p>\$11.00</p> <p>\$15.50</p> <p>\$4.50</p> <p>\$11.00</p>
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Lunch Menu (Cont'd)

Available After 11:30 am

Entrees

❖ Fresh Haddock Fish and Chips. Served with Tartar Sauce.	\$19.00
❖ Half-Pound Cheddar Burger with French Fries, Chips or Coleslaw (Add bacon \$2)*	\$15.00
❖ Ground Turkey Burger with Cranberry Aioli and French Fries, Chips or Coleslaw	\$14.00
❖ Falafel Platter. Six (6) Falafel Balls served with Toasted Pita Bread, Olive Tapenade, Whipped Feta and Hummus, and Small Side Salad.	\$15.00
❖ Chef's Signature Curry with Scallions and Cashews on Coconut Basmati Rice (GF and Dairy-Free). Choose from: - Haddock and Veggies (\$21), Chicken and Veggies (\$20), Fried Tofu and Veggies (\$19), Veggies Only (\$15)	\$Var
❖ Chicken Tenders with Ranch Dipping Sauce. Served with French Fries, Chips or Coleslaw.	\$15.00
❖ Substitute Sweet Potato Fries (\$2), Mixed Berries (\$3) or Side Salad (\$4) for French Fries	\$ 2-4

Sandwich Platters (Served with Fries, Chips, Coleslaw, Fresh Berries or Side Salad; White, Wheat, Rye, Wrap or GF (\$2) Bread)

❖ Roasted Turkey Club (with Bacon, Lettuce, Tomato and Mayo)	\$15.00
❖ Falafel Wrap. Falafel Balls in a Wrap with Hummus, Feta Cheese, Mixed Greens, Tomatoes and Onions (Add Olive Tapenade - \$1)	\$14.50
❖ Cajun Haddock Wrap. Fried Haddock with Cajun Slaw, Sliced Avocado, Tomatoes, Mixed Greens and Onions	\$16.00
❖ Chicken Caesar Wrap	\$14.00
❖ Chipotle Chicken, Bacon and Ranch Wrap. Grilled Chipotle Chicken and Bacon in a Wrap with Romaine Lettuce, Diced Red Onions, Tomatoes, Avocado and Ranch Dressing.	\$15.50
❖ Chicken Cranberry Walnut Salad	\$12.50
❖ Grilled Turkey or Pastrami Reuben on Rye	\$15.50
❖ Grilled Turkey or Pastrami Rachel on Rye (a Reuben with coleslaw in lieu of sauerkraut)	\$15.50
❖ Grilled Roasted Beet Reuben on Rye (a vegetarian Reuben with roasted beets instead of meat). Also available as a "Rachel", with Cole Slaw instead of Sauerkraut.	\$14.50
❖ Toasted Brie and Chicken Cranberry Walnut Salad on Croissant	\$15.50
❖ Grilled Cheese Sandwich Platter with Cheddar Cheese (Add Ham or Bacon - \$ 2; Add Tomato - \$1).	\$12.00
❖ Hot Dog Platter	\$12.00
❖ Substitute Sweet Potato Fries (\$2), Mixed Berries (\$3) or Side Salad (\$4) for French Fries	\$2-4

Sides

❖ French Fries - \$ 4	❖ Fresh Mixed Berries - \$ 4
❖ Sweet Potato Fries - \$ 6	❖ Side Caesar or Mixed Green Salad - \$ 7
❖ Coleslaw - \$ 2	

Desserts

❖ Blueberry Pie (Add \$2 for Ice Cream)	\$ 7
❖ Affogato. Vanilla ice cream with side pitcher of pour-over, house-roasted espresso.	\$ 8
❖ Homemade Carrot Cake	\$ 7
❖ Vanilla Ice Cream	\$ 5

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HOUSE-ROASTED ESPRESSO DRINKS AND HAND-CRAFTED TEAS AND BEVERAGES **	Tall	Grande	Magnum	Iced Magnum
ESPRESSO Sandy's house-roasted espresso blend (3, 4 or 6 oz. shots)	\$2.65	\$2.90	\$3.15	\$3.15
CAPPUCCINO Espresso with foamed dairy fresh cream & milk	\$3.90	\$4.40	\$4.90	\$4.90
LATTE Espresso with steamed & foamed milk	\$3.65	\$4.15	\$4.65	\$4.65
SKINNY LATTE A latte with skim milk	\$3.65	\$4.15	\$4.65	\$4.65
WHY BOTHER? A skinny latte with decaf espresso	\$3.65	\$4.15	\$4.65	\$4.65
CAFE AU LAIT Sandy's special light, medium or dark roast coffee with steamed milk	\$2.80	\$3.20	\$3.40	\$3.40
MOCHA Cappuccino with chocolate syrup	\$4.20	\$4.70	\$5.20	\$5.20
CAFE AMERICANO Made from Sandy's espresso with added hot water	\$2.90	\$3.40	\$3.90	\$3.90
ROASTER FRESH COFFEE Sandy's select light, medium or dark roast coffee, craft-roasted in-house	\$2.20	\$2.65	\$3.20	\$3.20
MONTANA Our Roaster Fresh Coffee with a shot of house-roasted espresso	\$2.80	\$3.20	\$3.70	\$3.70
STEAMER & HOT CHOCOLATE Steamed half & half with chocolate or flavored syrup	\$3.15	\$3.40	\$3.65	\$3.65
MICRO BREWED TEA Imported black, green and herbal teas	\$2.30	\$2.60	\$2.90	\$2.90
CHAI TEA LATTE An ancient Asian spiced tea drink served hot or iced	\$3.90	\$4.40	\$4.90	\$4.90
SMOOTHIE All-natural fruit and vegetable blend smoothies				\$5.15
SPARKLING SODA House-crafted sodas made with crushed fruit or other flavors				\$3.00
CREAM SODA Dairy fresh cream & milk, sparkling water & flavors				\$3.75
SANDY'S FRESH FRAPPÉ Vanilla ice cream with Sandy's special blend of house-roasted espresso & flavorings				\$5.15



Homemade Frozen Prepared Meals – Tasty, Easy Meals for Home

Available In Returnable Porcelain Bakeware (with Refundable \$ 5 Deposit) or Single-Use Bakeware

❖ <u>Chicken Pot Pie.</u> Roasted chicken, onion, carrots, celery, garlic, tarragon, milk, heavy cream, sherry, peas, pie crust top.	\$ 11/lb.
❖ <u>Beef Stew Pie with Red Wine Sauce and Scalloped Potato Top.</u> Stewed beef, scalloped potatoes with parmesan cheese, carrots, onions, red wine, diced tomatoes, Hoisin sauce, green peas, olive oil, bay leaves, salt, pepper.	\$ 12/lb.
❖ <u>Chef's Signature Red Thai Curry (GF; Dairy-Free)</u> with Scallions and Cashews on Coconut Basmati Rice. Single Servings. Choose from:	
- Haddock and Veggies	\$ 21 ea.
- Chicken and Veggies	\$ 20 ea.
- Fried Tofu and Veggies	\$ 19 ea.
- Veggies Only	\$ 15 ea.
❖ <u>Georgia Onion Pie.</u> Vidalia onions, sweet onions, bread crumbs, chicken broth, egg yolks, sour cream, sharp cheddar cheese, spices.	\$ 11/lb.
❖ <u>Vegetable and Cheese Enchiladas (GF).</u> Black Beans, Spinach, Corn, Onions, Mexican-blend Cheese, corn tortillas with Homemade Enchilada Sauce (Vegetable Broth, Tomato Paste, Olive Oil, Cornstarch, Spices). Single Serving - \$ 9; Triple Serving - \$ 20; Family Size in Returnable Bakeware - \$ 10/lb.	\$ Varies
❖ <u>Three-Cheese Beef Lasagna.</u> Ground Beef, Ricotta, Parmesan, Mozzarella, Vodka Sauce, Basil, Spices. Single Serving - \$ 10; Triple Serving - \$ 21; Family Size in Returnable Bakeware - \$ 11/lb.	\$ Varies
❖ <u>Beef Shepherd's Pie (GF).</u> Ground Beef, GF Gravy, Mashed Potatoes, Corn, Carrots, Onions. Topped with Cheddar Cheese. Single Serving - \$ 10; Triple Serving - \$ 21; Family Size in Returnable Bakeware - \$ 11/lb.	\$ Varies
❖ <u>Mild Beef Chili (GF).</u> Ground Beef, Red Kidney Beans, Fresh Crushed Tomatoes, Onions, Peppers, Garlic, Spices. Topped with Cheddar Cheese. Single Serving - \$ 10; Triple Serving - \$ 21; Family Size in Returnable Bakeware - \$ 11/lb.	\$ Varies



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House-Roasted Coffee Beans – All Organic, Highest Quality 100% Arabica Coffee; All Freshly Roasted In-House

Pre-Order and Pay Online: Specify Free Local Pickup and 2-5 day Production Time and Save \$2 Per Bag!

Coffee Beans May be Ground Upon Request. All Coffees are \$12 Per 12 oz. bag. (See Pre-Order Option Above to Save \$2 Per Bag.)

❖ <u>Ethiopia - Organic Light Roast.</u> Tasting notes: Moderate body. Bright acidity. Mocha flavor with blueberry and blackberry. Earthy, chocolate aroma.	\$ 12
❖ <u>Blue Hill's Finest - Organic Medium Roast.</u> Tasting notes: Plum, black tea, lemon, vanilla. Caramel notes. Pleasant, sweet finish.	\$ 12
❖ <u>Guatemala - Organic Medium Roast. (Preorder Only.)</u> Tasting notes: Full body. Bright acidity. Rich, chocolatey-cocoa flavor. Toffee-like sweetness.	\$ 12
❖ <u>Witham's Decaf - Organic Medium Roast.</u> Tasting notes: Sweet graham cracker. Balanced, pleasant mouthfeel.	\$ 12
❖ <u>Mountain Blend – Organic Medium-Dark Roast. (Preorder Only.)</u> Tasting notes: Chocolatey-cocoa flavor. Toffee-like sweetness. Moderate acidity. Medium bodied.	\$ 12
❖ <u>Harbor Blend - Organic Dark Roast.</u> Tasting notes: Cacao, black cherry, nutty flavors. Full-bodied. Light acidity.	\$ 12
❖ <u>Sumatra - Organic Dark Roast.</u> Tasting notes: Low to medium acidity. Full body. Lingering chocolate aftertaste.	\$ 12
❖ <u>Midnight Blend - Organic French Roast. (Preorder Only.)</u> Tasting notes: Spicy. Bold, rich body. Light acidity. Smokey finish.	\$ 12

