



PO Box 1281, 40 Main Street, Blue Hill, ME 04614  
Tel: 207-374-5550; [www.sandysbluehillcafe.com](http://www.sandysbluehillcafe.com)

## FOR LUNCH

### SOUP

Chef's New England Clam Chowder  
cup / 9      bowl / 15

Soup Du Jour  
cup / mkt      bowl / mkt

### STARTERS

Hummus Du Jour / 10  
ask your server for today's featured variety

Bruschetta / 11  
fresh plum tomato bruschetta on a grilled  
baguette with parmesan cheese and balsamic  
reduction

Jumbo Shrimp Cocktail / 26  
served with a zesty cocktail sauce and wasabi aioli

Calamari A La Spagos / 21  
pepperoni, sliced garlic, and pepperoncini tossed with crispy calamari. Served with a spring onion aioli

### SALADS

(Add Grilled Chicken to Any Salad / 5.50)

Classic Caesar Salad / 14  
crisp Romaine, Parmesan cheese, house-made croutons and Caesar dressing

Spinach Salad / 17  
baby spinach, sliced strawberries, red onion, blue  
cheese crumbles, crispy pancetta lardoons with  
chef's strawberry Dijon vinaigrette

Sandy's House Salad / 16  
made with local field greens whenever available,  
cucumbers, tomato, red onion and our house-made  
cilantro lime vinaigrette

The Blue Hill Cobb Salad / 19  
mixed greens, diced tomato, blue cheese crumbles, chopped bacon, diced turkey and hard-boiled egg;  
choice of dressing on the side

Restaurant Hours - Lunch: 11 am to 2:30 pm; Dinner: 4:30 pm to close (usually 8 pm);  
Sunday Brunch: 10 am to 2 pm. Dinner and Brunch Reservations Appreciated.

For questions/comments/praise, please email Executive Chef, Shawn McBride, at [smcbride@sbhcafe.com](mailto:smcbride@sbhcafe.com)

\* Consumer Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.  
Note: A "House Charge" will be added to all orders to defray the costs of payment processing, recurring software fees and packaging costs.

## FROM THE GRILL

(Substitutes for French Fries: Side Garden Salad or Fruit & Berries (+ \$5))

### 8oz. C.A.B. Burger\* / 21

our juicy, delicious Certified Angus Beef burger is a unique blend of ground chuck, sirloin and brisket is sure to please all beef lovers.

Accompanied by cheddar cheese, lettuce, tomato, onion, pickle and french fries

### California Turkey Burger\* / 21

our turkey burger comes complete with lettuce, sliced tomato, avocado on a bun with sweet chili aioli and fries

### Short Rib Grilled Cheese / 22

tender slow braised short rib with sharp cheddar cheese on thick cut Texas toast grilled golden brown with real butter and served with fries

### Lobster and Brie Grilled Cheese / Mkt

this Sandy's Café specialty has thick chunks of lobster and creamy Brie cheese on Texas toast and grilled golden brown with real butter for a decadent lunch treat; served with fries

### Chicken Italiano\* / 19

herb marinated grilled breast of chicken with roasted red peppers, prosciutto, sharp provolone cheese and pesto aioli on a brioche bun with fries

## SANDWICHES & WRAPS

(Substitutes for Chips: Side Garden Salad (+6), French Fries (+3), or Fruit & Berries (+6))

### Chicken Caesar Wrap / 16

grilled chicken, crisp romaine, Caesar dressing and parmesan cheese served with chips

### Chicken Salad Sandwich / 13

with lettuce, tomato and chips; on your choice of white, wheat or rye

### Italian Deli Wrap / 16

classic Italian hoagie all rolled up in a warm tortilla wrap. Ham, Prosciutto, Genoa salami, capicola, provolone cheese with lettuce, tomato, onion, e.v.o.o. and oregano served with chips

### Tuna Salad Sandwich / 13

chunk white tuna salad with lettuce, tomato and chips; on your choice of white, wheat or rye

### The Club / 16

classic turkey club on white toast with lettuce, tomato and bacon; served with chips

## SANDY'S SPECIALTIES

### Crab Christina / 26

chef Shawn's tribute to his wife, Christina. Her favorite lunch! A grilled English muffin with sliced tomato topped with warm sherryed lobster cream crab mix smothered in melted provolone and served with fries

### Jumbo Quiche and Salad / 17

mixed green salad with a DEEP-dish quiche wedge. Ask your server about today's selection

### Haddock Basket / 22

beer-battered and fried golden brown, served with fries, tartar sauce and a lemon wedge

## FOR THE KIDS

### Chicken Tenders and Fries / 13

Pasta Marinara / 10

### Grilled Cheese and Fries / 11

Cheeseburger\* (4 oz.) and Fries / 13

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