



PO Box 1281, 40 Main Street, Blue Hill, ME 04614  
Tel: 207-374-5550; www.sandysbluehillcafe.com

## FOR LUNCH TAKEOUT

### SOUP

Chef's New England Clam Chowder  
cup / 9      bowl / 15

### SANDWICHES & WRAPS

Chicken Caesar Wrap / 16  
grilled chicken, crisp romaine, Caesar dressing  
and parmesan cheese served with chips

Chicken Salad Sandwich / 13  
with lettuce, tomato and chips; on your choice of  
white, wheat or rye

Italian Deli Wrap / 16  
classic Italian hoagie all rolled  
up in a warm tortilla wrap.  
Ham, Prosciutto, Genoa salami,  
capicola, provolone cheese with  
lettuce, tomato, onion, e.v.o.o.  
and oregano served with chips

Tuna Salad Sandwich / 13  
chunk white tuna salad with  
lettuce, tomato and chips; on  
your choice of white, wheat or  
rye

The Club / 16  
classic turkey club on white  
toast with lettuce, tomato and  
bacon; served with chips

### FOR THE KIDS

Chicken Tenders and Fries / 13

Grilled Cheese and Fries / 11

Cheeseburger\* (4 oz.) and Fries / 13

### SWEETS

Blueberry Muffin / 4

Oversized Chocolate Chip Cookie / 6

Blueberry & Cream Cheese Croissant / 5

Restaurant Hours - Lunch: 11 am to 2:30 pm; Dinner: 4:30 pm to close (usually 8 pm);  
Sunday Brunch: 10 am to 2 pm. Reservations Appreciated

For questions/comments/praise, please email Executive Chef, Shawn McBride, at [smcbride@sbhcafe.com](mailto:smcbride@sbhcafe.com)

\* Consumer Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.  
Note: A "House Charge" will be added to all orders to defray the costs of payment processing, recurring software fees and packaging costs.



House-Roasted Espresso Drinks and Hand-Crafted Teas and Beverages	Tall	Grande	Magnum	Iced Magnum
<b>Espresso</b> Sandy's house-roasted espresso blend (3, 4 or 6 oz. shots)	\$3.10	\$3.35	\$3.60	\$3.60
<b>Cappuccino</b> Espresso with foamed dairy fresh cream & milk	\$4.35	\$4.85	\$5.35	\$5.35
<b>Latte</b> Espresso with steamed & foamed milk	\$4.10	\$4.60	\$5.10	\$5.10
<b>Skinny Latte</b> A latte with skim milk	\$4.10	\$4.60	\$5.10	\$5.10
<b>Why Bother?</b> A skinny latte with decaf espresso	\$4.10	\$4.60	\$5.10	\$5.10
<b>Cafe au Lait</b> Sandy's light, medium or dark roast coffee with steamed milk	\$3.55	\$3.95	\$4.15	\$4.15
<b>Mocha</b> Cappuccino with chocolate syrup	\$4.65	\$5.15	\$5.65	\$5.65
<b>Cafe Americano</b> Made from Sandy's espresso with added hot water	\$3.65	\$4.15	\$4.65	\$4.65
<b>Roaster Fresh Coffee</b> Sandy's select light, medium or dark roast coffee, craft-roasted in-house	\$2.65	\$3.10	\$3.65	\$3.65
<b>Montana</b> Our Roaster Fresh Coffee with a shot of house-roasted espresso	\$3.55	\$3.95	\$4.45	\$4.45
<b>Steamer &amp; Hot Chocolate</b> Steamed half & half with chocolate or flavored syrup	\$3.90	\$4.15	\$4.40	\$4.40
<b>Micro Brewed Tea</b> Imported black, green and herbal teas	\$3.05	\$3.35	\$3.65	\$3.65
<b>Chai Tea Latte</b> An ancient Asian spiced tea drink served hot or iced	\$4.35	\$4.85	\$5.25	\$5.25
<b>Frozen Smoothie</b> All-natural, frozen fruit blend smoothies				\$5.90
<b>House-Crafted Sparkling Soda</b> House-crafted sodas made with organic crushed fruit or other flavors				\$3.75
<b>Cream Soda</b> Dairy fresh cream & milk, sparkling water & flavors				\$4.20
<b>Sandy's Fresh Frappé</b> Vanilla ice cream with Sandy's special blend of house-roasted espresso & flavorings				\$5.90